**PATIENT INFORMATION**

**BRING YOUR REFERRAL &, IF POSSIBLE, ALL OF YOUR XRAYS**

**IMPORTANT - PLEASE NOTIFY US IF YOU MAY BE PREGNANT OR BREASTFEEDING PRIOR TO YOUR APPOINTMENT**

**Bone Scan**

* Allow at least 3 hours as there is a 2-3 hour break between the injection and the imaging. During that time there are no restrictions and you do not need to stay in the department.
* No preparation required – You may eat, drink and dress normally.
* Continue to take your normal medications.
* Bring any previous bone scans or recent xrays.

**Myocardial Perfusion Study (MIBI or Heart Stress Test)**

* Allow approximately 4 hours for the scan to be completed.
* No caffeine (tea, coffee, chocolate, cola or energy drinks) for 24 hours prior to the test.
* Certain medications may need to be stopped. Please ring the department at least 48 hours prior to your test.
* If you are a diabetic, please ring the department at least 24 hours prior to the test.
* No food for 2 hours before the test, but you can continue to drink water.
* Dress comfortably and wear comfortable footwear as you may need to exercise.

**Lung Scan (VQ)**

* Allow 1 hour.
* No preparation required – You may eat, drink and dress normally.
* Bring a recent chest xray, if available.

**Bone Mineral Density (BMD)**

* Allow 30 minutes.
* No preparation required – You may eat, drink and dress normally.
* If your previous BMD was not with us please bring it with you.

**Renal Scan**

* Allow 2 hours.
* You need to be well hydrated – please drink 3-4 glasses of water during the hour before your test. You do not need to keep this fluid in your bladder and you can pass urine normally. You do not need to fast.
* If you are having the scan because of high blood pressure, you may need to stop some medications – please call the department at least 48 hours prior to your test.

**Thyroid Scan**

* Allow 1 hour.
* Bring your thyroid ultrasound and recent blood results with you, if available.
* If you are taking any medications for your thyroid or have had a CT scan with contrast in the last 3 months please call the department prior to your test.

**Parathyroid Scan**

* Allow 3 hours.
* Bring your recent blood results with you, if available.
* No preparation required – You may eat, drink and dress normally.